

**VALORACIONES NUTRICIONALES Abril 2023**

| Día | Energía | Proteínas | Hidratos Carbono | Lípidos |
|-----|---------|-----------|------------------|---------|
| 11  | 433     | 17.5      | 39.4             | 12.6    |
| 12  | 584     | 16        | 54.5             | 28      |
| 13  | 551     | 32        | 46.4             | 27      |
| 14  | 603     | 34.6      | 14.4             | 43      |
| 17  | 686     | 25.6      | 50               | 43.3    |
| 18  | 657     | 24.7      | 71.4             | 29.5    |
| 19  | 632     | 26.6      | 30               | 44.4    |
| 20  | 457     | 31,2      | 52               | 17,1    |
| 21  | 482     | 21.3      | 49.1             | 27.5    |
| 24  | 748     | 28.5      | 67               | 40.3    |
| 25  | 577     | 24.8      | 31               | 33.6    |
| 26  | 623     | 21.6      | 55.2             | 34.3    |
| 27  | 513     | 17.7      | 26               | 34      |
| 28  | 577     | 34        | 24.2             | 34.6    |